



# SWIRCA & More

## March



### MONDAY

Ivy Cafe  
Closed on  
Friday's

5 Quarter Pound  
Hamburger on Bun  
Or  
Quarter Pound Frank on  
Bun  
Roasted Red Skin  
Potatoes  
Seasoned Green Beans  
Onion Rings  
Cookies & Cream Pie  
One Trip Salad Bar

12 Fried Chicken  
Macaroni & Cheese  
Vegetable Blend  
Bread/Marg  
Peach Cobbler w/Ice  
Cream  
One Trip Salad Bar

19 Spaghetti  
w/Meatballs & Sauce  
Or  
Vegetable Lasagna  
Italian Blend Veggies  
Garlic Bread  
Cheesecake  
w/Cherry Topping  
One Trip Salad Bar

26 Stuffed Baked Potato  
Bar  
w/Taco Meat  
Broccoli  
Sour Cream/Butter  
Cheese Sauce  
Garlic Bread  
Chocolate French Silk  
Pie  
One Trip Salad Bar

### TUESDAY

6 Onion Sage Chicken  
Mashed Potatoes  
Carrots  
Lima Beans  
Roll  
Dutch Apple Pie  
One Trip Salad Bar

13 Salisbury Steak  
w/Gravy  
Mashed Potatoes  
French Style Green  
Beans  
Asparagus  
Roll  
Pecan Pie  
One Trip Salad Bar

20 Quarter Pound Frank  
on Bun  
Or  
Quarter Pound  
Hamburger on Bun  
Mashed Potatoes  
Sauerkraut  
Warm Spiced Apples  
Boston Cream Pie  
One Trip Salad Bar

27 Fried Chicken  
Mashed Potatoes  
Carrots  
Peas  
Bread/Margarine  
Peach Pie  
One Trip Salad Bar

### WEDNESDAY

7 BBQ Pork  
Or  
Polish Sausage  
Chuckwagon Corn  
Broccoli  
Macaroni Salad  
Rye Bread  
Lemon Meringue Pie  
One Trip Salad Bar

14 Chicken &  
Dumplings  
Mashed Potatoes  
Carrots  
Biscuit  
Apple Pie  
One Trip Salad Bar

21 BBQ Chicken  
Sweet Potatoes  
Spinach  
Coleslaw  
Rye Bread/Marg  
Chess Pie  
One Trip Salad Bar

28 Sausage Pattie  
Scrambled Eggs  
Country Gravy  
Biscuit  
O'Brien Potatoes  
Danish  
O.J.

### THURSDAY

1 Cactus Chili  
Or  
Chicken Noodle Soup  
Chicken Salad  
w/Croissant  
Crackers  
Fruit Salad  
Assorted Dessert  
One Trip Salad Bar

8 Hickory Smoked Bacon  
(3)  
Scrambled Eggs  
Country Gravy  
Southern Style Biscuit  
O'Brien Potatoes  
Danish  
Fruit Salad  
OJ/Coffee

15 Nutrition Awareness  
Day  
BBQ Pork Sloppy Joe on  
Bun  
Baked Sweet Potato  
Broccoli Cranberry  
Salad  
Fresh Fruit  
Milk

22 Homemade Beef Stew  
Or  
Goulash  
Seasoned Cabbage  
Southern Style Biscuit  
Assorted Dessert  
One Trip Salad Bar

29 Fried Catfish Filet  
Or  
Polish Sausage  
Macaroni & Tomatoes  
Green Beans  
Brussel Sprouts  
German Chocolate Pie  
One Trip Salad Bar

Operated by:

**SWIRCA & More**

**Nutrition Program**

**464-7807**

**60 Plus:\$5.00 donation**

**Under 60: \$7.00 paid**