

# SWIRCA & More

## Fast Facts

SWIRCA & More is the area expert on aging; helping seniors and those living with disabilities find, evaluate, and receive the resources and services they need to stay active, healthy, and independent.

### Mission

Enhancing opportunities for independent living and a better quality of life for those who are aging, people living with disabilities, and caregivers in Southwestern Indiana.

Located: 16 W. Virginia Street, Evansville, IN  
*In the heart of the Jacobsville Neighborhood*

Employees: 98    Volunteers: 542



### Important Facts

- 1.** History: Formally established as an Area Agency on Aging in 1974, SWIRCA & More has evolved into a truly progressive organization providing innovative answers, comprehensive services, and caring support to address the needs of the most vulnerable in our communities. One call connects individuals with a vital lifeline.
- 2.** Area Agency on Aging: Indiana has 15 area agencies on aging, each one serving their own designated territories. SWIRCA is Indiana's fourth largest Area Agency on Aging serving Vanderburgh, Warrick, Posey, Gibson, Spencer, and Perry Counties.
- 3.** Who we serve: Our primary age demographic is 60+, but we also serve individuals who have skilled needs at any age; healthy, active adults 50 and over, and caregivers. Although many of our care management funding recipients fall below the poverty line, we proudly serve all income levels.

### Key Leadership



Rhonda Zuber  
President



Natalie Bueltel  
Board Chair

### Service Area



# DELIVERABLES

Year 2021



## Aging & Disability Resource Center

- Options Counselors received 10,489 phone calls
- Received 1,290 referrals for in-home services
- Online Senior Resource Guide had 1,060 visitors per month.



## Care Management

- Provided assistance to 15,126 unduplicated clients
- 2,236 individuals received direct in-home assistance
- Transitioned 48 individuals from nursing facilities back home.



## Meals on Wheels

- 159,338 Total Meals
- 19 Neighborhood Lunch Sites
- 9 Meal Delivery Routes
- Meals are prepared in SWIRCA's kitchen and delivered in six counties.



## Activity and Wellness Center

- 1200 members participate in a class or program each month



## Caregiver Support

- Assisted 5 caregivers through the Powerful Tools for Caregivers Program



## Home Modifications

- 76 clients received home modifications to make their homes more accessible and meet the clients needs.



## Volunteers

- 311 Volunteers aided in various activities and events
- Gave over 9,541 hours of service



## Dementia Friends

- 441 people became Dementia Friends
- 18 information sessions administered

# SERVICES

Through our mission, we provide a holistic response to the needs of seniors:

- Accurate, unbiased options and answers about public and private programs and services available to individuals in need through the Aging and Disability Resource Center
- Offer online resource guide to help seniors and their families locate local resources
- Coordinate care plans for in-home services
- Prepare and deliver hot, nutritious meals
- Operate transportation services and discount travel vouchers
- Offer caregiver support and family resources
- Conduct home accessibility assessments and advise on home modifications
- Ensure successful transition from hospital or care facility to home
- Provide educational and wellness activities through our Activity and Wellness Center
- Advocate for elder friendly communities



Reducing senior hunger by providing hot, nutritious meals through home-delivered and neighborhood lunch sites. Also available: farmers market vouchers and USDA Commodity Supplemental Food Program (CSFP)



Adopted in 2017 as part of a global movement to break down the stigma surrounding dementia and implement practical changes that can make life easier for those with dementia and for their loved ones.



6-session evidence-based course that helps family caregivers develop a wealth of self-care tools designed to: reduce personal stress; change negative self-talk; communicate their needs to family members

# SUPPORT

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